

Back-to-School Checklist

Everything to sort before the first day — supplies, forms, health, and routines.

FORMS & RECORDS

- ☐ Enrollment / re-enrollment complete
- ☐ Emergency contact & pickup list updated
- ☐ Immunization records up to date
- ☐ Any IEP/504 or health plan on file
- ☐ Free/reduced meal application (if applicable)

SUPPLIES

- ☐ Teacher/grade supply list obtained
- ☐ Backpack & lunch gear
- ☐ Notebooks, folders, writing tools
- ☐ Labels on items that get lost
- ☐ Clothes/shoes that still fit

HEALTH & SAFETY

- ☐ Well-child checkup / physical done
- ☐ Dental & vision checked
- ☐ Medications & action plans to nurse
- ☐ Know the bus route / drop-off plan

ROUTINES

- ☐ Bedtime & wake-up shifted earlier
- ☐ Morning & homework routine set
- ☐ Calendar: first day, breaks, events
- ☐ After-school care arranged